

SibFU Receives a Certificate of the FISU Healthy Campus project

Siberian Federal University has received the Healthy Campus certificate from the International University Sports Federation (FISU). The global project aims at promoting the values of fitness and a healthy lifestyle in the student community and the availability of sports in every university in the world.



SibFU became the second certified university in Russia.

The university joined Healthy Campus in October 2020. Now 74 universities from Australia, China, Russia, Brazil, Argentina, Chile, the USA, and European countries have become participants in the project. When passing the project certification procedure, universities confirm competencies according to 7 criteria:

- physical education and sports (both within the framework of educational programs and the organization of physical activity for applicants and graduates), the availability of sports infrastructure for people with disabilities, as well as participation in sports volunteering;
- catering;
- preventive work, including regular vaccinations and medical examinations;
- measures aimed at reducing stress during learning, and assessment of the psycho-emotional state;
- behaviour contingent with risks, propaganda against potential threats that may affect the well-being of campus residents;
- beneficial environment, satisfaction of needs without prejudice to future generations, the formation of socially responsible behaviour in the student community;
- program management system, implementation aspects.

SibFU managed to get confirmation on 70% of the evaluation criteria in Physical education and sport.

*Siberian Federal University has created the largest infrastructure for sports and healthy lifestyles in comparison to other Russian universities. Our students have already appreciated these opportunities and brought the university to the top of the most sports universities in the country by taking first places in various competitions. In addition, for three years we have been observing positive dynamics in the Green Metric global ranking of the environmental sustainability of universities, said **Evgenia Turtapkina**, vice-rector for Information Policy, Siberian Federal University. Healthy Campus is also a good opportunity to share your experience with others. As part of the project, universities from all over the world can register on a special website, which is a unique Internet platform that allows participants to assess their level and directly exchange experience in organizing students' physical activity, proper nutrition, in attracting interest in sustainable development and the formation of socially responsible behaviour.*

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